Rhythm

Children living in Japan plan radio exercise on summer vacation.
On my residence, I and neighbors exercise every day from March until November.
Last year, three pupils living near my house exercised with us.
Parents of this pupils said to me, "Children keep early hour, they got up by one self."
Once, school time-table changes every week, so that teachers keep amounts of school times.
National standard curriculum shows the importance of regular time-table.
Since 2020, foreign language curriculum will start.
5, 6 grade must study 2 school time every week and 3, 4 must study 1 per week.
Some school use short time study.
But I had better make regular 45 min unit.
I think Rhythm is important to pupils !